



## ROMANS

# Confronting guilt by being released from the old law

Session Number: 14 | Week: 2 | Day: 6

### Bible Passage

Romans 7: 1-13

### Introduction

In this session Romans 7: 1-13, we will focus on the battle within our minds and souls with old nature and how we can win the war against the four enemies: self, sin, systems of the world, and Satan. For understanding, an example is provided on how a woman could be released from guilty mentality, and conscience either by the death of her former husband or by changing the law through writing a new law. The women, (church) have been released from the law of slavery to sin, to self, to Satan, to the system of this world when she died through Christ and now we are under a new law that makes us slaves to sound living. We could confront guilty conscience when there is death or a change of the law.

### Session Objectives

By the end of this session, the learner will have:

- Understood that it is possible to be born again and still live under the control of your past sinful life.
- Understood the principles of battle within our minds which determine if we are carnal believers or spiritual believers

### Session Outline

- Understanding the power of sin and how to defeat it.
- Battle of the mind
- The four enemies of our souls

### Connecting

- Study together in a group of two or more people.
- Begin with a prayer, asking God to bless your understanding.
- Read the passage at least twice using different Bible versions, then retell the story among your group members.
- Share the challenges and blessings from the previous day.

### Comprehending

- Discuss these two statements, a.). you are a spirit; you have a soul (mind) but you live in a body. b) You can't serve two masters. (soul married to the spirit and married to the flesh)
- What would happen if one woman is married by two husbands at the same time? What is the battle within my mind? What is sanctification?
- Read Roman 7: 1-6. What is revealed about marriage? List 5 truths revealed about the marriage of our souls and productivity
- Read Romans 7: 7-14. List 4 truths you learn about the law. What is the purpose of the law?

### Committing

- Engage with the Bible—read, study, memorize, meditate, pray, listen, and live it out.
- List three lessons you learnt as an agent of change that you would practice and teach others about
- Take time and worship Jesus with the attributes revealed about Christ now.
- Engage SPACEPETS model, to do something after the session. Look for:
  - **Sin** to confess
  - **Promise** to claim
  - **Attitude** to change
  - **Command** to keep
  - **Error** to change
  - **Prayer** to make
  - **Example** to copy
  - **Truth** to obey and
  - **Something** praiseworthy

### Communicating

- Identify one person and share the lessons you learnt in this session?
- Visit or call a new believer and Pray with them over the issues they are struggling with. Issue of attending the church.
- Form another group and repeat this study.