



CORINTHIANS

Warning from Israel’s History

Session Number: 19 | Week: 3 | Day: 5

Bible Passage

1 Corinthians 10: 1-13

Introduction

In this session, 1 Corinthians chapter 10: 1-13, the study focuses on understanding the Israelites’ journey from Egypt as a warning case study. We will see the causes of their disqualification from the prize and use it as a benchmark for us today. We will learn how to deal with temptation biblically.

Session Objectives

By the end of this session, the learner will have:

- Appreciated the example of the Jewish journey as a warning to those who live now
- Understood the cause of disqualification for the prize for the church of God by comparing themselves with the Israelite church

Session Outline

- The Israelite journey as an example for us
- What lessons can we learn from them
- Temptation dynamics

Connecting

- Gather with two or more people for a community discovery bible study session.
- Start with a heartfelt prayer, inviting God to guide and bless your understanding.
- Explore the passage by reading it at least twice, using different Bible versions if available, then retell the story together as a group.
- Reflect and share the challenges and blessings you experienced from the previous study.

Comprehending

- What favours the Israelites had attained on their journey to the promised land (prize), which today we are not supposed to be ignorant about 1 Corinthians 10: 1-4
- Why did God disqualify them for the prize and overthrow them in the wilderness? 1 Corinthians 10: 5-10. List five reasons why they were disqualified from the prize.
- What warning lessons does the church today learn? 1 Corinthians 10: 11-12.
- What positive lessons does the church learn today about falling into the temptation of being disqualified 1 Corinthians 10:13.

Committing

- Engage with the Bible—read, study, memorize, meditate, pray, listen, and live it out.
- List three lessons you have learnt as an agent of change that you would like to put into practice and teach others about.
- Take time and worship Jesus with the attributes revealed about Christ.
- Use the **SPACEPETS** model, to assist you in putting God's word into practice. Look for:
 - **Sin** to confess
 - **Promise** to claim
 - **Attitude** to change
 - **Command** to keep
 - **Error** to change
 - **Prayer** to make
 - **Example** to copy
 - **Truth** to obey and
 - **Something** praiseworthy

Communicating

- Identify one person you can connect with and share the valuable insights and lessons you gained from this session.
- Reach out to a new believer—either in person or by phone—and pray with them to support them through their challenges, including any concerns about attending church.
- Create a new group and guide others through this study to help them grow in their understanding.

Audio Summary

1 Corinthians 10:1-13

Context

- Paul uses the Israelites’ wilderness journey as a warning to the Corinthians against misusing freedoms and rights, which led to disqualification despite privileges.
- The passage highlights self-discipline to avoid idolatry and temptation, drawing parallels to the church’s spiritual journey.

Warnings from Israel’s History (1 Corinthians 10:1-13)

- **Privileges and Disqualification:** Despite spiritual privileges (cloud, sea crossing, manna, water from rock), most Israelites were disqualified and perished due to idolatry, immorality, testing God, and grumbling.
- **Examples for Us:** These events serve as warnings; do not crave evil, commit idolatry (e.g., golden calf), engage in immorality (23,000 died), test Christ, or grumble (10,000 died by snakes).
- **Using Rights Wisely:** Forgo or use rights for God’s glory, others’ good, personal growth, and defeating enemies, as Paul modeled in chapter 9.
- **Overcoming Temptation:** Temptations are common; God is faithful, limiting them to what you can bear and providing a way out to endure, distinguishing temptation (from Satan) from testing (from God).
- **Self-Discipline:** Like athletes, discipline the body to avoid disqualification; run purposefully for the imperishable crown.
- **Purpose:** Learn from Israel's failures to use freedoms wisely, endure temptation, and pursue the eternal prize through discipline.

Application

- Avoid misusing freedoms like the Israelites
- Practice self-discipline, trust God’s faithfulness in temptation, and use rights for glory, growth, and others’ good to finish the race faithfully.