

ROMANS

How the gift of the right standing was lost and restored

Session Number: 11 | Week: 2 | Day: 3

Bible Passage

Romans 5: 12-21

Introduction

In this session, Romans 5: 12-21: We will also study how the right standing before God was lost through the sinning of the first Adam and how the right standing before God was restored through the death of the second Adam.

Session Objectives

By the end of this session, the learner will have:

- Compared how the right standing was lost through Adam and how the right standing was restored through the second Adam, Jesus Christ.
- Appreciated that the act of one person could affect other people either positively or negativity

Session Outline

- The gift of right standing lost and restored
- We are God's friends
- Gifts credited into our account

Connecting

- Study together in a group of two or more people.
- Begin with a prayer, asking God to bless your understanding.
- Read the passage at least twice using different Bible versions, then retell the story among your group members.
- Share the challenges and blessings from the previous day.

Comprehending

- Read Romans 5: 12-21. Describe how the right standing before God was lost through 1st Adam.
- Describe how the right standing before God was restored through the 2nd Adam, Jesus Christ. Romans 5: 12-31
- Compare the acts of the first Adam and the second Adam
- What lessons do you learn about God's gift of righteousness being put into our account?

Committing

• Engage with the Bible—read, study, memorize, meditate, pray,

- listen, and live it out.
- List three lessons you learnt as an agent of change that you would practice and teach others about
- Take time and worship Jesus with the attributes revealed about Christ now.
- Engage SPACEPETS model, to do something after the session. Look for:
 - Sin to confess
 - Promise to claim
 - Attitude to change
 - Command to keep
 - Error to change
 - Prayer to make
 - **Example** to copy
 - Truth to obey and
 - Something praiseworthy

Communicating

- Identify one person and share the lessons you learnt in this session?
- Visit or call a new believer and Pray with them over the issues they are struggling with. Issue of attending the church.
- Form another group and repeat this study.

Audio Summary Romans 5:12-21

Context:

- Guilt, a consuming fear of punishment for breaking God's law, hinders believers; Romans 5:12-21 confronts this using the Luke 15 two-sons analogy.
- Both sons (Jew and Gentile) inherit guilt from Adam, but Christ's sacrifice frees them to serve without fear.

• Guilt's Origin (Romans 5:12-14):

- Sin entered through Adam's trespass (Genesis 3),
 bringing death and guilt to all descendants—Jews and
 Gentiles alike—before the law defined it.
- Example: Adam and Eve hid, covering themselves futilely; God's sacrifice (animal skins) foreshadowed grace, not their effort.

Condemnation vs. Gift (Romans 5:15-17):

- Adam's sin condemned many to death (separation from God); Christ's righteous act (death) gifts grace and justification, overflowing to many.
- One trespass brought judgment; Christ's gift, despite many sins, restores right standing.

Two Adams Compared (Romans 5:18-21):

First Adam's sin universally condemned; Second Adam

© 2025 - Community Discovery Bible Study: Peter Mathenge

- (Jesus) universally justifies those who believe, reversing death with life.
- Law amplified guilt, but grace abounds more through Christ's sacrifice, paying sin's wage (death, Ezekiel 18:20).

• Application:

 Jews aren't superior—both sons share Adam's guilt; faith in Christ's payment removes it, enabling guilt-free service at the father's table, not self-effort or fear.